
ግወ፡፣ ኧልም፡ስል፡ዓላማ፡፡

g w u : u r l m : s l : a l a m a : :

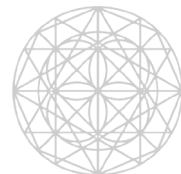
gwu : urlm : sl: alama ::

is a tool to help One clearly state, visualise and achieve One's objectives (goals).
It is an *objective achievement tool*.

It is designed to give special advantage to *yeht'mr urwuk'eht* (*unifiedknowledge*) learners and educators. These Ones are the foundation membership of *Schools Of Unified Learning (SOUL)*, *ERaC Development Forum*, our eGroups and other associated networks.

*This tool is useful to ALL people who have objectives.
And so everyone counts ! Everyone benefits from...*

gwu:urlm:sl:alama::



SOUL

Schools Of Unified Learning

www.unifiedknowledge.org

This *objective achievement tool* brings to “light” (*endarkens*, enriches) the art and science of getting from where One is now to where One wants to be in the future. It helps us honour our responsibility to bring our vision into “reality”.

g.wu : ur.l.m : s.l: a.la.ma :: is a profound poetic phrase expressed in the national language of Ethiopia (Amharic). Here, each character (*fidel*) is used in a *acronym style* where by each represents a *keyword* (term/principle) that when *contemplated* together strengthens One’s capacity to see and achieve One’s objectives. In this sense it is similar to the “S.M.A.R.T.” goal setting tool. **GWU : URLM : SL: ALAMA** has SMART principles embedded into it. Additionally, it goes much deeper into the proper language and process of achieving One’s objectives. The values behind the development of this tool are ancient, pan African, and universal. As a phrase its meaning has a cautionary tone to it, which when mastered becomes highly positive in a similar way to P.P.P.P.P.P. (Prior Planning and Preparation Prevents Piss Poor Performance).

Practice saying the phrase “*gwu:urlm:sl:alama::*” and the *keyword principles* it represents. Don’t worry; the pronunciation will improve when you listen to the audio companion. As you study and master this tool you will develop your unique sense of its profound and poetic meaning, this is good and is an important part of the art of using it.

g	<i>gze (gize)</i>	:time
wu	<i>wuzwaze</i>	:rhythm
ur	<i>urwuneht</i>	:truth
l	<i>lyu</i>	:special
m	<i>mlkt</i>	:sign
s	<i>smmneht</i>	:agreement
l	<i>lk</i>	:measure
a.la.ma	<i>a.la.ma</i>	:objective (aim/goal)

The process of using the tool is simple; just pick up a pen and a piece of paper and jot down the goals you want to reach. Look at each goal (objective) and evaluate it. Make any changes necessary to ensure that you’ve properly considered the *gwu:urlm:sl:alama::* principles in relation to it. The total process is one of gradual refinement, as you get to know the tool this will become easier to do. Let *gwu:urlm:sl:alama::* become a convenient acronym and transform yourself into a professional goal achiever – “a life time achiever”. You will see the values of *gwu:urlm:sl:alama::* in every important objective that you set, monitor and achieve.

Master the craft of objective achievement.

Fear is the mind killer. Along with its loyal children ‘*doubt*’ and ‘*worry*’ they can activate a very powerful *anti-achievement process* which is often *subliminal* (unseen).

Within *yeht’mr urwuk’eht* (unifiedknowledge) there are a number of complimentary ways to neutralise fear. *On a simple level One must accept the importance of replacing fear and negative limiting beliefs with positive mental attitudes.* As you read, study and master this tool, affirm in your thoughts mentally and aloud “**i am responsible.**”

Even if you initially do not believe this continue to recite these three keywords as you embrace this positively powerful tool. In combination with the gwu:urlm:sl:alama:: definitions of principle and processes this repeated *affirmation* creates (where required) a cognitive *dissonance* between your words, your thoughts and the Supreme Principle within (*pu-ntr*) that encourages One to realign One’s attitudes so that they are *congruent* with One’s affirmed words. An underlying truth of this affirmation is that One is *able* to *respond* to challenge - *response ability*. At the end of the day it is the truth and a truly ancient affirmation;

i am responsible.

In the way of *yeht’mr urwuk’eht* (unifiedknowledge) we take *circular* and *spherical* reference to One’s perception. Develop 360° degrees circular and then 129600° degrees spherical vision. With “endarkened” (right) vision *act diligently* with this tool and the processes it evokes. Set objectives and then, when One (*the i*) *makes action*, steadily moving Self forward, know the symbiotic activation of those special “magnetic forces of attraction” (*khaibit*) that bring One closer to *objective achievement*.

i recognise that the universe is forever supportive.
i achieve i objectives.

Additional Complimentary Resources:

Freely available @ <http://archive.unifiedknowledge.org/>

- **tajaba** - the secrets of advance learning
- **frhat aurmro gehdayi nehwu** - Fear the mind killer it be
- **ngd zehde tajaba** - preliminary executive summary modelling guidance

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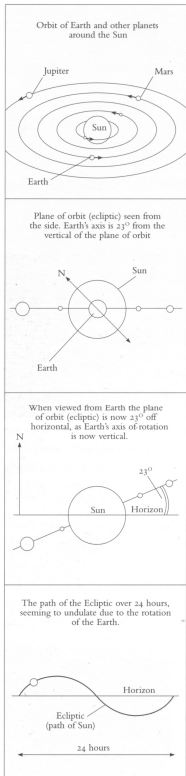
has been develop by Astehmari Batekun and members of Schools Of Unified Learning (SOUL).

This introductory guidance draws on a useful article by Tristan Loo, SMART Goal Setting 101:

The Definitive Guide to Goal Achievement www.synergyinstituteonline.com/

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g w u : u r l m : s l : a l a m a ::

<p style="text-align: center; color: green; font-size: 2em;">ግ</p>	<p style="text-align: center;">ግዜ (ጊዜ) g.ze – time</p>  <p style="text-align: center; font-size: small;">The ecliptic.</p>	<p>g.ze (gi,ze) – time</p> <p>Make objectives respect a particular point or period observed in the context of natural rhythm. Without appropriate <i>timescales</i> objectives may appear to be daunting or they may lose focus / challenge, thus not being <i>special</i>. <i>Lifelines</i> (aka “deadlines”) create a sense of urgency, new birth and new beginnings, this sense helps motivate energy.</p> <p>Humans and other principles of nature commonly observe:</p> <ol style="list-style-type: none"> 1) The Earth's rotation about its axis, which is the basis upon which most of the earth's surface comes into the periodic rhythm of Sun light exposure – “<i>daytime</i>” and shadow – “<i>night time</i>” (occultation from the Sun). 2) The Earth's “<i>annual</i>” / “<i>yearly</i>” rotation about the Sun. Earth's current axis tilt is 23°.27' away from the vertical, which is at a right angle (90°) relative to our plane of orbit around our Sun. Combined, these factors form the basis of us experiencing “<i>seasons</i>”. 3) The Earth and Moon's rotational relationship as a <i>binary planet system</i> (lunar cycles) and this system's relationship to the Sun as we journey around it. This, another special rhythmic pattern, is a key factor in the flow (<i>current</i>) of energy, air and water on planet Earth. 4) Heart beat - the vibration of One's intrinsic pump(s). 5) Cycles of breathing; the basic idea of which is exhale, pause, inhale, pause.
<p style="text-align: center; color: green; font-size: 2em;">ወ</p>	<p style="text-align: center;">ወዝዋዜ w.u.z.wa.ze – rhythm</p>	<p>wu.z.wa.ze – rhythm</p> <p>Rhythm is a regular repeated pattern, movement, beat (pulse) or sequence of events. Be fully observant of the poly-rhythmic reality of One's objective – learn about <i>harmony</i>, respecting each pulse (<i>task</i>); one at a time... in its appropriate space and time.</p>



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“crashing” or “knocking” together, “wandering”.

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TIME – RHYTHM

creative interpretation: critical points meet

<p>ኸ</p>	 <p>ኸውነት ur.wu.neh.t - truth</p>	<p>ur.wu.neh.t – truth</p> <p>Honour the integrity of One's objective. Be truthful and <i>realistic</i> throughout its development. In seeking truth One is often guided to reflect on <i>balance</i>. Be objective in setting achievable goals. The balance is between important qualities of the objective that can be achieved with relative ease <u>and</u> qualities of the objective that are more challenging and move one beyond “comfort zones”. Be true with the <i>scales of balance</i> – maat.</p>
<p>ል</p>	<p>ልዩ l.yu – Special</p>	<p>l.yu – Special</p> <p>Realise the special (different) qualities of One's (i) objectives and in this sense make them <i>specific</i>. Be clear and <i>exact</i> about what you want to accomplish, speaking about it from the “ i ” place.</p> <p><i>special</i> is specific – let being <i>specific</i> (<i>exact</i>) bring <i>focus</i>, this helps One better define the work required to achieve the objective.</p> <p>WHAT? WHY? WHERE? HOW? WHO? WHICH? (WHEN?; see <i>time</i> & <i>rhythm</i>)</p> <p>That which is <i>special</i> stands clearly related to other things so One's special objective should state clear <i>situations, connections, ranges, reasons</i> and <i>outcomes</i>.</p>
<p>ም</p>	 <p>ሀ : hah ጸ : (1)</p> <p>ምልክት m.l.k.t – Sign</p>	<p>m.l.k.t – Sign</p> <p>As best as possible use the richness of <i>yeht'mr urwuk'eht mehngeld</i> (the <i>unifiedknowledge way</i>) to strengthen your recitation, study, visualisation and realisation of the objective. Express the objective with <i>yeht'mr urwuk'eht k'wan k'wa</i> (the <i>language of unifiedknowledge</i>); this means playing with the objective's qualities and making the whole thing; <i>a written statement, enjoyable, stimulating, visual, auditory, a story, a pattern of hand signs, musical, codified and or ritualised</i>. Smell it, touch it, taste it, make it common, expect and allow One's intuition to nurture it.</p> <p>Now, with enriched presence, be creative with the way the objective is embedded into <i>super-consciousness</i> (aka “sub-consciousness”);</p> <p>Mentally visit the place of <i>present success</i> and tell the story.</p>

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“disappear” or “vanish”.

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TRUTH – SPECIAL – SIGN

creative interpretation: truth's special signs disappear

ስ	ስምምነት s.m.m.neh.t – Agreement	s.m.m.neh.t – Agreement Agreement is important in every sense. It is <i>harmony</i> and <i>commitment</i> . One's <i>aims / intentions / goals / objectives</i> are strongest when they are in agreement with others; associates, friends, family, community, nation, earth, the universe. The <i>integrity</i> of One's agreement is for One (<i>the i</i>) to know <i>truly</i> . Integrity and <i>relevance</i> are important in agreements and most important when others are directly (explicitly) involved in One's objective. In agreement we see <i>recognition</i> ; <i>cross party</i> with common <i>consciousness</i> . In coming to agreement we go through <i>stages</i> ; 1) the <i>entry</i> , 2) the <i>process</i> and 3) the <i>confirmation</i> . Agreement is a key principle in the establishment and maintenance of peace in One's province, it is a practice. <i>hashima tehwagi asab</i> :: Sometimes agreement is not achieved straight away, here One needs to <i>react (adapt, act, re-enact)</i> the <i>stages</i> ; <i>committed</i> , with the right values, to seeking <i>harmony</i> – achieving the agreement. Disagreement inverts the above.
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ል	ልክ l.k - measure ----- መጠን <i>meh.t'eh.n</i> - <i>quantity, amount</i> - ዓይነት <i>a.yi.neh.t</i> - <i>quality, kind</i> -	l.k – measure Measurement is a process of comparing relative size or related nature; <i>quantitative</i> and <i>qualitative</i> . Be clear on how you measure and <i>monitor</i> the successful realisation of One's objective. "If you can't measure it you can't manage (<i>monitor</i>) it". What are your <i>standards</i> ? Where are your <i>standards</i> ? When we think of measurement we tend to think more quantitatively (in terms of what can be measured or counted by size or amount). It is important to also observe <i>specification</i> as a special type of <i>qualitative measure</i> (that which can be measured by its character, attributes, goodness). In measuring note that the <i>object</i> to be measured determines the " <i>unit</i> " of measurement.
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ዓ	ዓዘቅት ah.zeh.k'.t - abyss	ዓላማ an OBJECTIVE is . . . a goal or aim, with planned or intended outcomes. It is something One envisions and strives for.	የእኔን : ዓላማ : ለማሳደግ : ዓዘቅት : የተለቀቀን : መንታን : መንገድ : አንዱን : መምረጥ :: the abyss (<i>the bottom-less place</i>) releases two ways, choose one to develop I objective.
ላ	ለቀቀ leh.k'eh.k'eh - let go, release		
ማ	መንታ meh.n.ta - twin or fork		

ስል : ዓላማ ::

“because of...”, “when it happens...” or “when i say...” : objective ::

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AGREEMENT – MEASURE – OBJECTIVE

creative interpretation:

because of monitored agreement the objective is.

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g.wu : ur.l.m : s.l : a.la.ma ::

critical points meet, truth's special signs disappear;
because of monitored agreement the objective is.

the abyss (*bottom-less place*) releases two ways,
choose one to develop | objective.

እግዜር ይመስገን፡፡ ሐሺማ ተዋጊ አሳብ፡፡
urgzer yimehsgehn:: hashima tehwagi asab::

Creator be praised:: Respect the Warrior Idea::

